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BREAST SURGERY
COSMETIC SURGERY
RECONSTRUCTIVE SURGERY

Liposuction

Compression Garments

- You must wear the garments around the clock for the first 4-6 weeks.
- Leave garments on even when showering.
- Shower daily and blow-dry garment after showering.
- You may exchange garments for a compression garment of your choice
 - You will be instructed at your first postoperative visit.

Postoperative Course

- There will be a lot of drainage from liposuction port sites this is **normal**
- The drainage may be, and usually is **bloody. This is normal**
- Milk fluid toward port sites, expressing fluid
- Leave tapes and sutures in place
- You may place gauze over draining sites as needed.
- To prevent constipation
 - Stay hydrated with fluids
 - Take stool softener as needed
 - Eat foods that keep you regular
- No heavy lifting
- Take pain medicine as prescribed
- You need to be up and active during the day walking is encouraged.

Results

- There will be extensive bruising and discomfort.
- Initially you will be very swollen
- Swelling takes 6-8 weeks to improve
- Final result will be seen starting at 3-6 months
 - Will continue to improve for the first year
 - Swelling and bruising will progress down the body